



Festive Journal Prompts

- **Stick in stuff**

Book reviews from the paper that you intend to read the following year, a small quote from an article, a poem, a cracker joke, bits of festive wrapping paper that you thought were nice, an envelope with some nice handwriting on. The festive postmark, a Christmas stamp, a label from a present, Quality Street (or other chocolate wrappers) that actually smell of Christmas, a receipt from a festive meal out, a cinema tick etc etc...

- **Draw something from a Christmas magazine**

I like to draw the cover of the Radio Times. If this seem too daunting pick an interesting pattern or illustration from inside a Christmas magazine. Enjoy looking for it and make yourself a nice cup of tea whilst doing so (plus a mince pie/Christmas cake/more Quality Streets wouldn't go a-miss)

- Copy out a short quote or poem from your favourite christmassy book
- Jot down a recipe...did you try something new this year? Record it. If not, search for something on the [BBC Good Food website](#) ...
- ...Cook it...then draw it
- Draw a Christmas book cover
- Get people who come to your house during the Christmas break to write their names in your sketchbook. Let small children draw in it ...or do a small drawing for it..stick it in!
- Draw a few of your favourite Christmas tree decorations. Make notes on why you like them. Do they have stories attached? Write that down too and let them tell their story.
- Keep a record of what you ate one day over Christmas. Add simple drawing and doodles oven those things. Who did you eat with/what did you listen to/watch/read whilst you were eating? Feeling more ambitious? You could record a whole week of food!
- Draw a spent/whole Christmas cracker. Illustrate its contents. Stick in the joke. Who pulled it?
- Draw a Christmas chocolate. Draw another...maybe another...then eat them! Cut the wrappers into tiny squares and stick them down the side of the page.

- Draw your Christmas cake or a festive confectionary of some sort...mince pies, cupcakes, gingerbread are all allowed. Make yourself a tea/coffee and eat the item...How did it taste?
- Draw an old Christmas cake decoration if you have them in your house. When I was little, we had a few ancient ones which had last years icing on...delicious!
- Copy the patterns from some wrapping paper. You could create a type of patchwork quilt with your doodles.
- Draw an illustration from one or more of your Christmas cards
- Draw a Christmas stamp OR/AND draw an envelope then stick a used Christmas stamp on it
- Go on a walk. Document it by drawing a rough map of the route. Walk through it in your memory and add notes of small observations, sights, sounds, thoughts and conversations
- Draw a hot drink until it gets cold. Then make another and drink it outside.
- Draw an alcoholic/fizzy soft drink. What does it smell like? Make a note
- Draw something you own that is warm. Hats and scarves are easy!
- Draw a Christmas/wooly jumper
- Go on a walk...late afternoon preferably, just as it's starting to get dark. 'Collect' Christmas trees in peoples' windows. Look hard at the shape of the tree and the shape of the window. Look at the negative shapes. Photograph them **with your eyes and brain** then try doing a memory drawing of them when you get home. Also, have a little glass of something to warm you up and a small festive nibble...
- Draw your own Christmas tree
- Draw your feet with woolly socks on
- Draw a Christmas stocking
- Draw a piece of Christmas china if you have one and/or a Christmas napkin
- Go on a walk. Collect 5 small objects (they don't need to be Christmassy) come home and sketch them. Whilst sketching them, think about your walk. Make some notes and observations about your journey. How long did it tak? Where did you go? What did you see?
- Draw someone watching TV
- Watch a favourite festive film. Pause the TV for 5 minutes and draw what's on the screen.

- With a Christmas visitor: draw a portrait of each **without looking at the paper**. Laugh at them, then stick them in your sketchbook. Get your guest to autograph the masterpiece (it will be worth more that way in the not too distant future)
- Play a paper based game like pictionary, heads/leg/body's, consequences or the Post-It note game (where you stick the names of famous people on your head and try to guess who you are). Stick the bits of paper into your sketchbook.

Have fun!

Please do tag me into your journaling pages on Instagram...

I'd love to see them!

@wildinksketch or @wildink_artclass

#wildinkartclass #drawyourchristmas

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